

THE



RESTAURANT MENU
MBIZANE ESCARPMENT RETREAT



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- BREAKFAST MENU -

Served From 08:00 until 12:00

Breakfast includes one menu option of your choice and two breakfast beverages (excluding soft drinks). Priced at **R220** per person if not included in the accommodation rate rate.

Spiced Avo on Toast

Toasted sourdough, spiced avo, lemon zest, toasted sesame seeds and a poached egg

Escarpment Breakfast

Sesame fried eggs, braaied boerewors, blistered tomatoes, crispy bacon, mushrooms, Potato Hash and toasted sourdough

Omelette

Bacon, mushrooms, fried tomatoes, caramelised onion, peppers, chilli and mozzarella cheese

Brûléed French Toast

Milk bread french toast, crispy bacon and syrup

Muesli and Yoghurt

Muesli and granola mix served with plain yoghurt, seasonal fruits and honey

- MIMOSAS -

Served From 10:00

*Annabelle Cuvée Blanche Petillant | R75 per glass
Pierre Jourdan Cap Classique Brut R560 per bottle*

- SIP, SNACK & SUNDOWNERS MENU -

Served from 15:00 until 18:00

Snack Trio

Beef droëwors, beef biltong and salted mixed nuts

R400

-WOOD FIRED PIZZAS-

Focaccia

Garlic butter and parmesan cheese

R88

Childhood Favourite

Charred bacon bits, grilled paprika pineapple and mozzarella cheese

R150

The Perfect Match

Pepper crusted salami, blistered tomatoes, dressed rocket, infused balsamic and mozzarella cheese

R162

Simply Classic

Blistered tomatoes, oregano and mozzarella cheese

R130

Cheesy BBQ Chicken

Chicken strips, red onion, BBQ sauce and mozzarella cheese

R155

-SOMETHING FRESH-

Greek Salad

*Lettuce, tomatoes, cucumber, red onion, olives and feta
served with a citrus dressing*

R140

FOR THE LITTLE ONES

-LITTLE EXPLORERS BREAKFAST MENU-

Served From 08:00 until 12:00

Mini French Toast Fingers

Milk bread french toast, crispy bacon and syrup

Explorer's Breakfast

Scrambled eggs, bacon and toast

Fruit and Yoghurt Cup

Flavoured yoghurt and seasonal fruits

- LITTLE EXPLORERS AFTERNOON SNACKS-

Served from 15:00 ~ 18:00

I'm not hungry, can we go now?

Crispy chicken strips and golden fries

R80

Whatever... (followed by a dramatic eye roll)

Pizza base with marinara sauce, oregano & mozzarella

R70

I don't know... (with shoulder shrug for effect)

Pizza with bacon bits, pineapple & mozzarella

R85

I'm literally starving!

Pizza with grilled chicken strips, BBQ sauce & mozzarella

R72

-THE HIVE DRINKS MENU-

Alcoholic beverages served from 10:00

Hot Beverages

Americano R28

Cappuccino R35

Latte R35

Mocha R42

Flat White R35

Espresso R20 | R35

Hot Chocolate R42

Tea - R25

*Rooibos, Earl Grey, English Breakfast,
Ceylon, Green leaf*

Soft Drinks - R28

*Coke, Coke Zero, Sprite, Sprite Zero, Fanta Orange,
Cream Soda, Ice tea peach, Ice tea lemon*

Tizers - R42

Appetizer, Grapetizer

Mixers - R22

*Indian Tonic, Soda Water,
Lemonade, Dry Lemon, Ginger Ale*

Waters - Still or Sparkling

440ml R35

750ml R55

Cordials - R15 per tot

Passionfruit, Cola Tonic, Lime

Beers - R37

*Heineken, Castle Lager, Castle Lite,
Windhoek Draught, Black Label*

Ciders - R39

Savanna Dry, Savanna Light, Bernini Blush

Frozen Cocktails - R90

Strawberry Daiquiri, Piña Colada, Mojito, Margarita

Brandy - R25 per tot

Klipdrift Premium, Richelieu

Whiskey - R35 per tot

Jameson, Jack Daniels

Rum - R25 per tot

Captain Morgan

Gin - R32 per tot

Bombay Sapphire, Tanqueray

Liqueur - R20 per tot

Amarula

Wine List

- Red Wine -

Blends

Roodeberg Reserve R85 | R310
Rupert & Rothschild - Classique R525

Shiraz

Saronsberg Provenance R95 | R335
Raka Shiraz Biography R530

Merlot

Franschhoek cellar R65 | R214
Hermanuspietersfontein Posmeester R425

Pinotage

Beyerskloof R75 | R300
Kanonkop Kadette R400

Cabernet Sauvignon

Cathedral Cellar R110 | R450
Springfield Estate Whole Berry R500

Pinot Noir

Paul Clüver Village R95 | R390

Oak Valley Estate Sounds of Silence R425

- White Wine -

Sauvignon Blanc

Franschhoek Cellar - Statue de Femme R70 | R280

Groote Post Seasalter - R460

Chenin Blanc

Stellenrust R65 | R240

Cederberg R315

Chardonnay

Waterside Unoaked R50 | R190

Boschendal 1685 Collection R375

Rosè

De Grendel R65 | R250

Hermanuspietersfontein - Bloos R275

Sweet Wines

Jakkelsvlei - Moscato Rosè R60 | R250

De Krans Premium Moscato Natural Sweet Perlé R60 | R250

Sparkling Wine

Annabelle Cuvée Blanche Petillant - Single serving R65

Pierre Jourdan Cap Classique Brut R500

Graham Beck Brut NV Cap Classique R750

- LUXURY PICNIC -

Served from 13:00 until 17:00

Enjoy a relaxed picnic in the comfort and privacy of your own tent, set beside the gentle flow of the river and surrounded by majestic mountains. Carefully prepared and beautifully packed, our picnic offering invites you to slow down, savour simple flavours, and soak in the natural beauty around you. Whether enjoyed on your deck, on the riverbank, or beneath the open sky, it's the perfect way to experience Mbizane at your own pace.

The Luxury Picnic Basket

Ciabatta sandwich to share Selection of cheese, crackers, preserve, seasonal fruit and refreshments

For the ciabatta sandwich please select one option:

Rare roast beef served with caramelised onions and cheese

or

Grilled chicken served with wild rocket, and a honey mustard dressing

or

Seasoned tomato slices with fresh mozzarella and basil pesto mayo

For the refreshments please select two options:

Bottle of sparkling wine

or

Fresh juice (orange, apple or cranberry) 500ml

or

Water (still or sparkling)

R750 per couple

- BRAAI BASKET -

Bookings are essential

Enjoy a true South African braai experience in the comfort of your own space. Our carefully curated Braai Basket is ideal for a relaxed, self-catering evening under the African sky, featuring quality cuts, classic flavours, and hearty sides—everything you need for a memorable fireside meal.

What's in the basket:

2 x 200g matured rump steaks

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2 x Boerewors

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*2 x Deboned chicken thigh skewers,
(marinated with lemon and harissa)*

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Greek salad to share

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*Braai broodjies
(tomato, cheese, red onion and chutney)*

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Traditional Pap with tomato and onion relish

R650 per box